

2 DAY INTRODUCTION TO EMOTIONAL INTELLIGENCE

- *This comprehensive introduction to EQ is a prerequisite for all educators intending to take up an EQ4KIDZ licence.*

2 DAY INTENSIVE CURRICULUM TRAINING FOR EQ4KIDZ

- This is an intensive 2 days to train educators to use the unique EQ4KIDZ curriculum and understand and fully utilise the handbook.

(EMOTIONAL INTELLIGENCE FOR KIDS)

NURTURING AND REINFORCING CHARACTER EDUCATION

This nationally acclaimed research-based program from Australia (Independently researched by Curtin University, Australia) has benefited thousands of children to raise emotional intelligence, raise self-esteem, resilience and motivation and therefore improve academic performance.

EQ4KIDZ has 7 modules and is designed to help children

- Increase self-esteem and confidence
- Understand and manage their feelings
- Develop strategies to handle frustration and anger
- Develop "I CAN" attitudes
- Establish healthy boundaries and become assertive
- Become happier with a more positive attitude
- Develop resilience
- Deal with bullies
- Improve social skills and form appropriate friendships
- Increase personal motivation and become self-directed learner
- Become an active contributor by forming goals and develop the ability to "follow-through"



Licensing Investment for Individual practitioner and learning centres:

- One-time set-up fee includes training and support
- Annual licence fee to cover ongoing training and material updates.
- Student support fee is based on per enrolled student each term.

Lessons at 3 levels will be provided as well as the intensive 7 module multi-age program:

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|-----------|-----------|------------|
| 4-6 years | 6-8 years | 8-10 years |
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Participants may opt to attend a day of practicum at the EQ4KIDZ for Children workshop.

EQ4KIDZ practitioners will also receive the EQ song pack, HAPPY KIDZ worksheets, STAR KIDS AFFIRMATION CARDS, Promotional DVD and a pack of VISUALISATIONS TO RAISE EQ.



Call Chew Yeh @ Tel: 62560226 or email her for Singapore & Asia's Licence.

Book an appointment to attend a free Victoria Carlton's talk.

WHY DOES EMOTIONAL INTELLIGENCE MATTER?

- Children who recognise and understand their feelings become more adept at handling and expressing them appropriately
- Children and teachers who are less unduly stressed are able to manage competing demands more effectively
- Children who have become better listeners are more likely to see the other person's point of view
- Children gain an increased attention span
- Children develop skills at forming and maintaining relationships, a core value of leadership
- Children will have learned problem-solving methods that lead to enhanced interpersonal skills as adults to build a caring society
- Children learn to manage conflicts and are therefore less likely to be involved in crime, particularly those crimes involving violence
- Children would have learned skills that enhance their future parenting skills

SOCIAL EMOTIONAL LEARNING (SEL)

- ❖ You will find out about the important relationship of EQ to academic achievement and how EQ matters more than IQ in terms of achievement and career opportunities.
- ❖ You will learn about the research related to EMOTIONAL INTELLIGENCE and be led through each component of this fascinating and potentially life-changing subject.
- ❖ You will be shown strategies to improve children's motivation, raise self-esteem, help children be more resilient and confident, understand and manage their emotions, deal with anger, solve their own problems, stand up to bullies and generally raise the happiness levels in their lives.

The degree to which I can create relationships which facilitate the growth of others as separate persons is a measure of the growth I have achieved in myself.

Carl R. Rogers

Perceiving, Behaving and Becoming



Upcoming publications:

New! Victoria Carlton's series of Emotional intelligences and character building books/readers for young children will be available in 2012/2013. Enquire with September 21 Enterprise PL now for Character education books and resources package from existing publications.